

JULY 1, 2020 PARISH UP-DATE

Offerings June Month

Relic Candle: for all sick and suffering; in memory of Kathleen; in memory of Ivanna; for the health of Vera & Nina; in memory of Jan.

Olive Oil: in memory of Arsuacuis & Filofithia; in memory of Gabriela, Floarea, Gheorghe, Alexandru, Elena, Petre, Maria, Constantin, Valeria, Grigorge and families; for the health of Mark (birthday); for the health of Nicholas (graduation & birthday).

Wine: for the departed; for the health of Marianna (birthday); for Simona, Gabriel, Kurt, and Stefan; in memory of Katushka, Bukhuti and Vasil.

Flowers: for the departed; in memory of Pauline.

Names Day Greetings

St. Peter/June 29: Peter Bakaletz, Robert Peter Keller,
Peter Gorbatuk

St. Paul/June 29: Proto-deacon Paul Sokol.

St. Olga/July 11; Pauline Nasledysheva & Dona Shafer

St. Julia/July 15: Julia Manolache

St. Margaret/July 17: Margaret Ploof

St. Marianna/July 17: Marianna Vajda, Cregunta &
Cregunta Chirnoaga

St. Anna/July 25: Lisa Ann Keller, Jill Ann Peterson,
Dolly Ann Bakaletz & Anna Kaliashvili

Information & Communications by our Parish

Abiding by the present guidelines of the diocese, there is no printed Sunday Bulletin. Once a month, a printed up-date is mailed out. The chief way of communication is by our *Parish E-Mail List*. Weekly, new information is provided. The other sources are *Weekly Sunday Zoom Meeting at 12:00noon*; and the Diocesan website www.nynjoca.org The Parish website www.ssppoc.org and Face Book: *Friends of Ss. Peter & Paul Orthodox Church* are other resources.

Financial Support of Your Parish

It is important that we continue to regularly use our Sunday envelopes. If you are absent, please mail them in to the church address. You may also make your offerings, using the donate feature (*Tithly*) found on our parish website. The Lord bless your stewardship.

Some Services Require Registration

State of NJ regulations allow only for 35 persons in the church. For Sunday Services you need to register; other services you do not need to. You may use *signupgenius* which is sent to you every Monday morning via the Parish E-Mail List or you may e-mail Marie Torrisi mdtorrisi@gmail.com or Fr. James frjames@ssppoc.org You may also leave a message on the church phone (908-685-1452). For a given Sunday, all registrations need to be in by the Friday preceding by 9:00p.m.

Offering Sheets for relic candle, olive oil, wine and flowers for July Month

You may ask at the vestibule stand for a sheet for you to bring home, fill out and return either in person or by mail.

The Mystery of Holy Confession

In accordance with the guidelines of the diocese, Confession is by appointment and only one person permitted in the church at a time. Confession may also be made by phone. Confessions are possible any day of the week – except Sunday, from 9:00a.m. to 8:00p.m. Contact Fr. James to make an appointment.

The Re-Opening Plan for Ss. Peter & Paul Church in Manville

This particular plan that deals with health issues, social distancing, requirements for attending services, etc. was approved by Archbishop Michael (June 5th) and mailed to you on June 9th. It remains in effect and you are asked to be familiar with it. The rector and parish council members are working attentively for the well-being of all parishioners and visitors to our church. You may obtain a hard copy of the document at the vestibule stand or ask and a copy will be mailed to you.

Food Baskets in Vestibule

To support our local food pantry, you may bring staple food items to the church vestibule at any time there is a service. The need is great.



THE JESUS PRAYER AND THE 3 POWERS OF THE SOUL

Adapted from Metropolitan Hierotheos

Man according to Scripture, has been created "after the image of God" (Col. 3:10). God is Trinity, that is, one essence in three Persons (Father, Son, and Holy Spirit). Thus the soul, being created in the image of God, is single as well as manifold.

The soul has three parts that must be united and turned toward God. The three parts or powers of the soul are the power to know, the power to love, and the power to will. According to the Fathers, the soul was created 1) to know God, 2) to love God, and 3) to do the will of God.

In this way the commandment is fulfilled: "and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength" (Mt. 12:30). When the mind remains in God through prayer and contemplation, it kindles within the soul a strong desire and love for God, which in turn strengthens man's will to keep the Commandments. In this way the soul is itself united, and is joined to God.

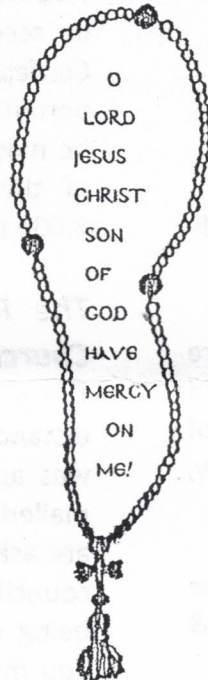
However, when the mind comes to ignore God, then the soul begins to desire and love created things instead of the Creator, and the will of man becomes subject to the tyranny of the passions. In this way the soul becomes first disunited and then eventually separated from God.

Through sin, the three powers of the soul go away from God and lose unity with one another. One part of the soul, usually the mind, may want to return to God, but the other parts may not wish to. This is the state of most Christians.

Nevertheless, the unity of the soul can still be restored through the Jesus Prayer. The return to God starts with the concentration of the mind. Our aim is to detach the mind from its attraction to the surrounding objects and bring it back to God.

Since the mind has the property of increasing love and desire for that which it is concentrated on, concentration on the Name of God leads to love from Him. However, in the same way, concentration on the things of the flesh or the world lead to love from them.

Therefore, let each man attend to his thoughts, for they will lead either to his unification with God or to his spiritual fragmentation – to eternal life or to eternal torment.



JULY

- 01, 1929 Semeon Romanovsky
- 01, 1999 John Kulina Sr.
- 02, 1931 Theodore Yurgel
- 02, 1973 Mae Wilhousky
- 03, 1923 Anna Kliaga
- 03, 1973 Susan Ostapovich
- 05, 1925 Athanasius Demchuk
- 05, 1970 Alexis Fedchin
- 07, 1984 Anna Cohen
- 09, 1971 Kuzma Savich
- 09, 2010 Tatiana Onuschak
- 09, 2011 Atopere Filippini
- 10, 1951 Vassily Fetchina
- 11, 1928 Elias Chromoho
- 12, 1978 Antonia Salamander
- 12, 1979 Chariton Perogeff
- 13, 1975 John Kachorsky
- 15, 1951 Wojciech Bogusiewsky
- 16, 1968 Pelagia Holovach
- 16, 1982 Stephen Kulina
- 17, 1928 Elias Kozich
- 17, 1958 Elias Bartushak
- 17, 2005 Barbara Tutolo
- 18, 1960 Vladimir Fedarka
- 19, 1989 Louise Chabra
- 19, 2004 Anna Lebedz
- 20, 1925 Maria Simonovich
- 20, 2007 Ronald Kavchok
- 21, 1922 Luke Maximovich
- 21, 1925 Theodosius Horbel
- 22, 1982 Ann Holovach
- 22, 1989 Helen Stashkevetch
- 23, 1988 John Suseck
- 23, 1988 David Riegler
- 24, 1950 Joseph Hamernick
- 24, 1965 Steven Sabat
- 24, 1996 Roman Bodenchuk
- 24, 2004 Elizabeth Tyevech
- 25, 1941 Maria Kuch
- 25, 1966 Joseph Verkon
- 25, 1973 John Pawlik
- 26, 1917 Michael Kohut
- 26, 1956 Michael Evanoff
- 26, 1977 Clara Bartushak
- 26, 1977 Peter Cresina
- 28, 1946 Sophie Sufrinko
- 28, 1985 Euzebius Tarangul
- 28, 1999 Nicholas Barnosky
- 29, 1980 Helen Monko

LIVING IN THE BODY

Going to church for worship is one element in living as a Christian. *Being church* means making an active contribution to the Church's life, being a vital organ in a living body.

The first step in being church is being connected to others in our parish by:

- **Cultivating community** in the "fellowship of the Holy Spirit." Get to know one another in a more than casual way.
- **Treating others as brothers and sisters in the family** of God in Christ. Give others the time and attention we would give to our blood relatives.
- "Above all, **clothing yourselves with love**, which binds everything together in perfect harmony" (Colossians 3:14).



We nurture the relationships in the parish or the eparchy when we:

- ✘ **Share our lives** – Authentic fellowship calls for more than coffee-hour courtesies. Grow to the stage when you can share your troubles as well.
- ✘ **Learn together** - Take part in adult formation, retreats, or workshops to encourage others as well as to improve our own spiritual life.
- ✘ **Work together** - Join in parish projects or committees to support the work of others as well as to make our own contribution. "*So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith*" (Galatians 6:10).
- ✘ **Encourage each other** – by supporting their efforts, praying for their concerns and building them up in the eyes of others. "*Love one another with mutual affection; outdo one another in showing honor*" (Romans 12:10).
- ✘ **Bear one another's burdens** – Be accepting of the weaker community members. There is no "perfect" church: every parish is made up of "saints" who are sinners, each with their own weaknesses and infirmities. "*Bear one another's burdens, and in this way you will fulfill the law of Christ*" (Galatians 6:2).
- ✘ **Admonish one another** – Do not shrink from confronting "family members" who are hurting others by promoting conflicts, pettiness, or legalism. "*My friends, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted*" (Galatians 6:1).
- ✘ **Protect the unity of the church** – by avoiding gossip or cliques, and speaking ill of others.
- ✘ **Restore broken relationships** – when they occur by admitting our faults. No project or program is worth harming the family's inner life. "*If anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive*" (Colossians 3:13).

JOIN ARCHBISHOP MICHAEL, TO PRAY AND FAST FOR RECONCILIATION AND AN END TO CIVIL STRIFE

The clergy and faithful of the Diocese continue to mourn the tragic losses of life, the needless acts of violence, the divisions among races, and the civil strife which plague many of our cities and countrysides.

Our Lord's own words instruct us as to what our response to injustice, inequality, violence and hopelessness must be: "Whatever you do to the least of My brethren, you do it to Me" (Matthew 25:40), and "by this will all men know that you are My disciples, if you have love for one another" (John 13:15). The Saints remind us that we are blind unless we see every human being – regardless of their differences – as made in the image, and after the likeness, of God (Genesis 1:26-27). And the Sermon on the Mount challenges us to become "peacemakers, for they shall be called the sons of God."

Rev. Dr. Martin Luther King put it this way, "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. Hate multiplies hate; violence multiplies violence in a descending spiral of destruction."

The work of establishing justice and equality, and peace and love among all peoples in our country, cannot be achieved by one-time efforts; it must be an ongoing process of change, of repentance. And some kinds of evil, according to our Savior, are only driven out "by prayer and fasting" (Matthew 17:21).

So, I invite all of our diocesan family to join with me in a Year Dedicated to Reconciliation and An End to Civil Strife by praying and fasting on the first day of every month, beginning Wednesday, July 1: by praying the Akathist to the African Saints, and the Prayer for Racial Reconciliation (which is attached to this e-mail) – at 12:00 noon, and abstaining from eating lunch that day.

If you cannot pray and fast at noon on that day, then choose another meal from which to fast, and another time to pray the Akathist ... or at least offer the Prayer for Racial Reconciliation, which is at the conclusion of the service, if that is all that you have time to do.

We ask the Lord to help us become instruments of peace and reconciliation ... for those who truly pray and fast for this cause, cannot be at the same time instruments of hatred and violence.

May Our Lord bring an end to the strife that divides the people of this country from one another ... may He make us instruments of that process ... and, may He grant mercy and blessed repose to all those who have been taken from us in acts of hatred and fear. May their memory be eternal