SAINTS PETER & PAUL ORTHODOX CHURCH

605 Washington Avenue, Manville, New Jersey 08835-1856
Voice: 908-685-1452 Email: frjames@ssppoc.org
Parish Website: www.ssppoc.org Diocese of NY-NJ: www.nynjoca.org
Face Book: "Friends of Ss. Peter & Paul Orthodox Church"

BULLETIN OF OCTOBER 25, 2015

SUNDAY/OCTOBER 25 21st Sunday After Pentecost

9:10a.m. Hours; 9:30a.m. Divine Liturgy Church School/Q. & A. Period

TUESDAY/OCTOBER 27

7:00p.m. Vespers

WEDNESDAY/OCTOBER 28 St. Job of Pochaev

9:30a.m. Divine Liturgy 6:30p.m. Compline 7-8:30p.m. Study Class IV: "A Life of Prayer"

SATURDAY/OCTOBER 31

9:30a.m. Akathist to Our Lord; Confessions 10:00a.m. Memorial Service for Huzinec Family 5:30p.m. Vigil; Confessions

EASTERN STANDARD TIME BEGINS Clocks <u>back</u> One Hour – for Nov. 1st

SUNDAY/NOVEMBER 1 Synaxis of Holy Healers

9:10a.m. Hours; 9:30a.m. Divine Liturgy with Prayers for Those in Healing Ministries Coffee Hour



Offerings Week of October 25

Olive Oil: in memory of Michael, Justina, Rosalia, John, Alexandra and Anastasia; in memory of Vaschen and Emilia; for the health of Leigh and Libbye (birthdays).

The Parish Synodicon: Memory Eternal!

Oct. 25, 1961 Nicholas Harasamiuk

Oct. 25, 1966 John Lopatka

Oct. 26, 1956 Steven Max

Oct. 26, 1985 Michael Motoviloff

Oct. 27, 1960 Nikolai Roschuk

Oct. 28, 1916 Paul Klaga

Oct. 28, 1932 Nicholas Kulina

Oct. 29, 2007Stephanida Seminuk

Oct. 30, 1965 Stanley Hamernick

Oct. 30, 1972 Helen Chabra

Oct. 30, 1993 Joan Filippini

Coffee Hour Hosts

Oct. 25 Mantzafos, Sokol, Staina, Arpastean, Nasledysheva & Sarchisian

Nov. 01 Dunaenko, Wypych, Chirnoaga, Moldoveanu & Nemes

Nov. 08 Peterson, Bakaletz, Mattei & Erkman

Usher Schedule

Oct. 25 Edward S. & Kahka K.

Nov. 01 Timothy S. & Peter B.

Nov. 08 Jerome S. & Adrian M.

Counters

Oct. 25 Ekaterina M. & Cirpian C.

Nov. 01 Rebecca O. & Edward S.

Nov. 08 Lisa K. & Daniel T.

2015 Equal Sacrifice Model is in Effect

Each of our 70 parishioners (100%) is asked to make an extra offering over the amount of your usual offering of \$2.87 to \$8.62 per week to cover this year's deficit. This is based on 12 months. <u>The average increase for the last 8 months was a base of only \$1.61</u>. This is far short of the need.

100th Anniversary On-Line Photos & Video May be viewed on the parish website, the diocesan website and Face Book.

Giving Bean: Great Coffee For Great Causes - Sale Now Underway!

Coffees, teas, cocoa & chai, shortbread cookies. Please return your orders by Nov. 14th. Flyers & order sheets are on the vestibule stand.

NY-NJ Diocese Annual Girls' Retreat – Nov. 13-15 in Garrison, NY

Flyers and registration forms are posted on the bulletin board in the social center. This is a great opportunity for the young girls to gather.

Prayers For Those in the Healing Ministries and Related Disciplines – Nov. 1

On the first Sunday of November – the Feast of the Synaxis of All the Unmercenary Healers – special prayers are said at the end of the Divine Liturgy, asking for blessings upon those in caring for others.

About Prayer by St. Tikhon of Zadonsk

Prayer does not consist merely in standing and bowing your body or in reading written prayers....it is possible to pray at all times, in all places, with mind and spirit. You can lift up your mind and heart to God, while walking, sitting, working, in a crowd and in solitude. His door is always open, unlike man's. We can always say to Him in our hearts, Lord, have mercy.

The Calendar

- Nov. 10/Tues. NY-NJ Diocesan Assembly in So. River, NJ
- Nov. 15/Sun. Beginning of 40 Day Nativity Lent
- Nov. 19/Thurs. Parish Council Meeting
- Nov. 21/Sat. Feast of Entrance Into Temple
- Nov. 26/Thurs. Thanksgiving Day and Akathist to God, Glory For All Things.
- Dec. 06/Sun. Feast of St. Nicholas with Festal Luncheon and Showing of Film, "100th Anniversary of Ss. Peter & Paul" (Film 1 hour and 20 minutes).
- Dec. 12/Sat. 10:30a.m. Church Cleaning
- Dec. 13/Sun. Christmas Cookie Walk



A lesson from St. Dimitri of Rostov on Redeeming the Time

In the life of Saint Dimitri of Rostov, as told in Blessed Bishop Nicolai Velimirovic's Prologue from Ochrid (October 28), we can read that the saint was in the salvific habit of chanting the hymn "O Theotokos and Virgin, Rejoice" every hour when the clock struck.

Of course, he was a monk and even a saint. He lived in a monastery, and led a life dedicated to prayer and the learning and keeping of God's commandments. We poor ones lead a life most often not dedicated to those things which are for the salvation of our souls, but to the cares of this world and self-gratification, even though the evangelical commandments, which St. Dimitri followed so well, apply to all Christians.

We engage in both important and frivolous pursuits, and are often surrounded by people using bad language, and with bad ideas. Everywhere, whether in the office or supermarket, among our families, friends and brethren, or even when alone, temptations, distractions and sinful images assault us. It is very easy to forget WHO WE ARE (that is, who we have as our Father), and to lose a sure knowledge of the presence of God within our hearts as we go about our tasks. Perhaps we say our morning and evening prayers faithfully (perhaps not), but we may go long periods during the day that we do not remember God, or pray even a little bit. To always have the remembrance of God within us is certainly beyond our capabilities for the moment, but we can make a good start by emulating Saint Dimitri's good habit.

Christian! Strive to remember God at least every hour. Purchase a watch which beeps every hour, or a clock with chimes. Decide upon a short prayer or prayers to say every hour when you are "called to prayer." Perhaps you may say "Meet it is," or the Jesus prayer, "Lord Jesus Christ, Son of God, have mercy on me, a sinner," or the prayer of the publican "O God be merciful to me a sinner and cleanse me." You may merely cross yourself and call God to mind. The content or variety of prayers is not so important, and is a matter of personal preference. The important idea here is to somehow shake ourselves out of our lethargy at least every hour, so that we do not forget God.

If you observe this practice faithfully, you will begin to see almost immediate results. You will find yourself praying more often, and able to listen to the prompting of your guardian angel, who previously could not be heard above the din. You may notice with unnerving frequency that you were about to be angry or were gossiping, or about to be mastered by some other passion as the clock strikes. If that is the case, then, you have an opportunity to immediately turn to God, and ask forgiveness, then say "your prayer." It is a much better thing to remember God while sinning, and to turn back to Him, than to keep on sinning and not think about Him.

In our household, everyone has this habit. Every time the wall clock chimes, we cross ourselves. Even our youngest one, Natalie, who is two years old, remembers, and is in fact the self appointed family sentry who makes sure none of us will forget our duty.

Liturgical Commands as defined by St. Nicholas Cabasilas (+14th c.)

"Let us Attend" - here we are admonished to cast away negligence and inattention, and to listen carefully to what is being said and done in the service.

"Wisdom" - wisdom is the summary of those thoughts which are in accord with the ceremony, which should occupy those full of faith when they behold (see) and listen (hear) to the ceremonies and prayers, so they are not concerned with no purely human sentiment.

"Let us stand aright" - by this exhortation we are warned to be ready for battle when we hold converse with God and assist at the holy mysteries. There must be no inattention; we must act with fervor and all reverence and in this manner look, listen, and pray throughout the service. The first sign of this fervor and devotion is the uprightness of our bodies; we do these things standing on our feet, not sitting down.

Why are these commands necessary? - It is because forgetfulness is a great tyrant; no human frailty defeats men so often and so easily. Now, it is necessary that our minds and hearts be in accord with the mysteries when we assist at the sacred prayers and ceremonies of the liturgy, unless we wish to attend in vain, and spend our time to no purpose. But this is far from easy to achieve. That is why, on the one hand, we should keep constant watch on ourselves, and behave with circumspection; and on the other, it is necessary that we should have some external reminder, so that we can collect our thoughts and not be distracted by day dreaming and vain thoughts.

THE THREE SOURCES OF OUR THOUGHTS

By St. John Cassian (+430)

We should know that the three sources of our thoughts are: from God, from the devil and from ourselves.

They are **from God** when He wills to visit us by the illumination of the Holy Spirit, which raises us up to a higher level of progress in the spiritual life; and when we have made little gain or have acted lazily and been overcome and He chastens us with a most heart-felt compunction, and when He opens to us the heavenly sacraments and changes our direction to better acts and to a better will.

And **from the devil**, a whole series of thoughts is born, when he attempts to subvert us by taking delight in evil and hidden things, fraudulently passing off wicked things as if they were good with the most subtle finesse and transforming himself for us into an angel of light.

Thoughts come from us, when we spontaneously remember things that we are doing or have heard.

We should be continually aware of this three- fold distinction and with a wise discretion examine all the thoughts that emerge in our heart, first tracing their origins and causes and their authors, so that, in accordance with the status of whoever is suggesting them, we may be able to consider how to approach them.