

SAINTS PETER & PAUL ORTHODOX CHURCH

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BULLETIN OF JULY 19, 2009

SUNDAY/JULY 19

**6th Sunday After Pentecost
(Tone 5)**

St. Seraphim of Sarov

9:10a.m. Hours; 9:30a.m. Divine Liturgy;
Blessing of Automobiles; Coffee Hour
2:00p.m. Parish Picnic

MONDAY/JULY 20

Prophet Elias

9:30a.m. Akathist to Prophet Elias

WEDNESDAY/JULY 22

6:30p.m. Compline

7-8:00p.m. Lemonade & Informal Conversation
at rectory

THURSDAY/JULY 23

Icon, "Joy of All That Sorrow"

9:30a.m. Akathist to Icon
7:00p.m. Parish Council Meeting

SATURDAY/JULY 25

9:30a.m. Akathist; Confession
5:30p.m. Vigil; Confession

SUNDAY/JULY 26

**7th Sunday After Pentecost
(Tone 6)**

St. Jacob of Alaska

9:10a.m. Hours; 9:30a.m. Divine Liturgy;
Coffee Hour; Question/Answer Period
6:00p.m. Vespers

MONDAY/JULY 27

Great-Martyr & Healer Panteleimon

9:10a.m. Hours; 9:30a.m. Divine Liturgy

Fasting Days

Wednesday, July 22 & Friday, July 24

SAINT SERAPHIM WONDERWORKER OF SAROV



*H*oly Father Seraphim, pray to God for us!

Troparion, in the Fourth Tone:

From thy youth thou didst love Christ, O blessed one, and ardently desiring to work for Him alone thou didst struggle in the wilderness with constant prayer and labor; and having acquired love for Christ with compunction of heart, thou didst prove to be the beloved favorite of the Mother of God. Wherefore, we cry to thee: Save us by thy prayers, O Seraphim, our holy father.

Kontakion, in the Second Tone:

Having left the beauty of the world and what is corrupt in it, O Saint, thou didst settle in Sarov Monastery. And having lived there an angelic life, thou wast for many the way of salvation. Wherefore Christ hath glorified thee, O Father Seraphim, and hath enriched thee with the gift of healing and miracles. And so we cry to thee: Rejoice, O Seraphim, our holy father.

Parish Synodicon: Memory Eternal!

July 20, 1925 Maria Simonovich
July 21, 1922 Luke Maximovich
July 21, 1925 Theodosius Horbel
July 22, 1982 Ann Holovach
July 22, 1989 Helen Stashkevetch
July 23, 1988 John Suseck
July 23, 1988 David Reigler
July 24, 1950 Joseph Hamermick
July 24, 1965 Steven Sabat
July 24, 1996 Roman Bodenchuk
July 24, 2004 Elizabeth Tyevech
July 25, 1941 Maria Kuch
July 25, 1966 Joseph Verkon
July 25, 1973 John Pawlik
July 26, 1917 Michael Kohut
July 26, 1956 Michael Evanoff
July 26, 1977 Clara Bartushak
July 26, 1977 Peter Cresina

Dormition Lent – Aug. 1st thru 14th

One of the “Four Lents” of the year. Plan your calendar in consideration of the Lent.

Cemetery Work

For the past few weeks work has been under way at the cemetery on fixing grave foundations. Over time, some foundations have tilted and need to be re-founded. There are no specific problems such as flood or vandalism. Once the foundations are secured, soil will be moved to cemetery areas that have holes and are low. Questions you may have may be addressed to Father James or Sandy Filippini.

Namesday Greetings

St. Mary Magdalen/July 22: Mary Holovach and Magdalena Trofimiuk;

St. Christina /July 24: Christian Stefanescu and Simona Asaro;

St. Anna/July 25: Jill Ann Peterson, Lisa Keller and Anna Kaliashvili;

Many Blessed Years!

Sympathy Is Expressed

To Margaret Ploof of Bridgewater, on the repose of her husband, Wally Ploof (+ July 11, 2009). May the Lord give him eternal rest and consolation to his family.

Offerings for the Week of July 19

Olive Oil - in memory of Michael and Justina; in memory of Joan; for the health of Stacey and Robert Kita (wedding anniversary); in memory of Vaschen and Emilia.

Remember in Prayer

Mary Holovach (Arbor Glen Rehab); Theodora Combs (Medical Treatment in California).

Reminder

If you are hospitalized, or admitted to a Nursing Home or Rehabilitation Center; the 1996 HIPAA Federal Law protects your identity. The only way a clergyman knows where you are, as if he is told by you or your immediate family. Patient Lists are not available to the clergy.

Incense Fragrance Used

Sunday, July 19th - Skvir

Sunday, July 26th - Desert Sage

Ministries Serving the Church

There are always opportunities and areas where you can be of service:

Altar Server	Baker	Special Projects
Reader	Teacher	Grounds
Singer	Sewer	Outreach
Usher	Coffee Hr.	Open Doors
Sunday Greeter	Website	Cemetery
Library	Film	Etc. Etc.

Terms to Understand

Ecclesiastical - anything dealing with or pertaining to the Church and its life.

Ecclesiology – the branch of theological studies that examines the nature and the function of the Church.

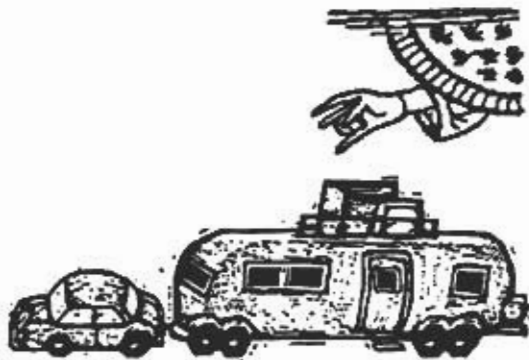
Ecclesia - the Church. It comes from the Greek word for “the gathering of the people” or “those called out.” It refers to the assembly of the faithful for worship, social functions, and caring for the community of believers.



ORTHODOX DRIVING

In these days when "road rage" seems to be such a problem, it might do us some good to think about our own attitudes when we drive. As in all other aspects of life, we are not responsible for the behavior of others, but we are responsible for ours, and driving in traffic is not too unlike every other human interchange. Nevertheless, driving, somehow, seems to be able to release in us certain behaviors we otherwise do not manifest, and the most notable of these is, of course, anger.

Since we tend to be alone in driving, we can have some opportunities to look at ourselves and ask ourselves why we react in one way or another, and whether it does or does not conform to behavior expected of a Christian, especially an Orthodox Christian, in the light of the Gospel and our experience of the Savior. And if we are reacting angrily at such times, we might not be surprised to find that it usually is because we are angry about something else; or that, as is so often the case, we have not forgiven someone somehow, and we are consciously or unconsciously holding a grudge. Perhaps, in the solitude of the automobile, we have opportunities to see our symptoms, and prayerfully come to a better self-understanding, opening the door to our own ability to forgive, and to be healed in heart.



10 COMMANDMENTS FOR DRIVERS

- I. Always begin a trip with prayer, making the Sign of the Cross and entrusting yourself to the Lord.
- II. Never drink and drive.
- III. Never try to shorten the time of a trip. If you started out late, you will arrive late. Do not speed.
- IV. Apologize to a driver whom you have interfered with, even when you did not intend to. After all, when we are walking, and bump someone, we apologize without thinking. So why should there be a different ethic behind the wheel?
- V. Always yield way to someone who is in a great hurry, or is driving aggressively. If you do not yield, he will still pass you, but the situation will be more dangerous.
- VI. Give a wave of thanks to a driver who makes way for you.
- VII. Drive in such a way that you won't fear seeing a police car. Remember that God is watching, even if the police are not.
- VIII. Stay as far away as possible from cars that have dents or show signs of accidents. But be careful not to judge, or you may share in their misfortune.
- IX. Never speed up when another driver tries to pass you, or to get into your lane. Do not treat your neighbor in a way you do not want to be treated.
- X. After every trip, thank God for its safe completion. Be thankful after any trip, and not just a successful one. After all, almost always it could have been worse!

**THE
LIFE
OF
SAINT
SERAPHIM
WONDERWORKER
OF SAROV**

In the deep forest there was a huge rock. The saint began a God-pleasing toil here, in the manner of the ancient saints. The great elder spent 1000 nights and days on this rock, his hands upheld, praying to God with compunction. Day and night he whispered the prayer: "God, be merciful to me, a sinner!" Neither animals, nor evil people, nor winter cold and wind—nothing frightened Father Seraphim, for the Lord and God's angels were with him.



1000 days and nights on the rock in prayer.

The Mother of God appeared to St. Seraphim twelve times in the course of his lifetime. Not long before the elder's death, on the Feast of the Annunciation, the Queen of Heaven made her final and most glorious appearance to St. Seraphim to tell him that he would soon leave the sinful world and enter God's quiet paradise. The Eldress Evpraxia of Diveevo monastery was in the elder's cell at the time when the Mother of God made Her visit. She later told everyone of the wonderful heavenly vision. It was very quiet in the cell. The holy one was praying. Suddenly, it seemed as though a gust of fresh fragrant air swept through the room. Angelic singing was heard, and the door to the cell opened on its own. The entire room lit up. At first Angels entered, carrying blossoming branches from paradise, and their hair shone with gold. Then came St. John the Forerunner, and St. John the Theologian. After them, in an unearthly glow, the Queen of Heaven entered, surrounded by twelve virgins. The Joy of All Joys, the Bride Unwedded appeared. She was dressed in a long robe adorned with bright crosses, and a crown glistened on her head. Her hair was longer and more beautiful than that of the angels, and fell loose around her shoulders. She was taller than all of the holy virgins. The Queen of Heaven spoke to St. Seraphim for a long time. The Eldress Evpraxia could barely look upon the Mother of God, She shone so brightly.



Accompanied by saints, the Mother of God comes to St. Seraphim shortly before his repose.



The prayer rule of St. Seraphim of Sarov

St. Seraphim of Sarov taught everyone the following rule of prayer:

"Let any Christian, upon arising from sleep stand before the holy icons, and read the Lord's Prayer "Our Father" thrice, in honor of the Most-holy Trinity, then the hymn to the Theotokos "O Theotokos and Virgin, rejoice..." three times as well, and finally, the Symbol of Our Faith once. Having completed this rule, let each one attend to the tasks to which he was appointed or to which he is called.

"During work at home or while traveling somewhere, let him quietly read "Lord Jesus Christ, Son of God, have mercy on me a sinner." If there are others in his vicinity while he is working, let him silently repeat "Lord have mercy," until supper.

"After supper, upon completing his tasks, let him quietly read "Most Holy Theotokos, save me a sinner," and let him repeat this until falling asleep.

"Going to bed, let any Christian again read the above-mentioned morning rule. Thereafter, let him go to sleep, having protected himself with the sign of the Cross." Fr. Seraphim said "Keeping this rule, it is possible, to reach Christian perfection, for the three prayers indicated are the foundation of Christianity. The first, as the prayer given [to us] by Christ Himself, is the model for all prayers. The second was brought from Heaven by the Archangel to greet the Virgin Mary, the Mother of Our Lord. The Symbol [of our faith] contains in brief all of the salvific dogmas of the Christian Faith."

To those who for whatever reason could not complete this little rule, Venerable St. Seraphim recommended reading it under whatever circumstance: during lessons, while walking, and even in bed. He based this advise on the words of the Scriptures "whosoever should call upon the name of the Lord shall be saved..."

The Lord's Prayer

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Hymn to the Most-holy Theotokos

O Theotokos and Virgin, rejoice, Mary full of grace, the Lord is with Thee; blessed art thou among women, and blessed is the Fruit of thy womb, for thou hast borne the Savior of our souls.

The Symbol of our Faith

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages; Light of Light; true God of true God; begotten, not made; of one essence with the Father; by Whom all things were made; Who for us men, and for our salvation, came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man; And was crucified for us under Pontius Pilate, and suffered and was buried; And arose again on the third day according to the Scriptures; And ascended into the heavens, and sitteth at the right hand of the Father; And shall come again, with glory, to judge both the living and the dead; Whose kingdom shall have no end. And in the Holy spirit, the Lord, the Giver of life; Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified; Who spake by the prophets. In One Holy Catholic and Apostolic Church. I confess one baptism for the remission of sins. I look for the resurrection of the dead, and the life of the age to come. Amen.