

**SS. PETER AND PAUL ORTHODOX CHURCH**  
605 Washington Ave., Manville, NJ 08835-1856  
voice: 908-685-1452 / fax: 908-685-1074  
website: [www.ssppoc.org](http://www.ssppoc.org)  
email: [frjames@ssppoc.org](mailto:frjames@ssppoc.org)

February 11, 2007

**SUNDAY/FEB. 11th (Tone 2)**  
**Meat-Fare Sunday or Last Judgment**

9:10a.m. 3<sup>rd</sup> and 6<sup>th</sup> Hours  
9:30a.m. Divine Liturgy; Coffee Hour;  
Church School (Young) Teen  
Discussion  
12:00p.m. Annual Parish Meeting

Today, Meat-Fare Sunday is the last day we partake of meat products until Pascha, Apr. 8<sup>th</sup>

**MONDAY/FEB. 12th**  
**St. Alexis, Metropolitan of Moscow and All Russia; Iveron Icon of the Theotokos**

9:30a.m. Akathist to St. Alexis

**TUESDAY/FEB. 13th**  
Pirohi Making – Daytime

**WEDNESDAY/FEB. 14th**  
Pirohi Making Daytime and Evening

**THURSDAY/FEB. 15th**  
Pirohi Making Evening

**FRIDAY/FEB. 16th**  
Pirohi Dinner 5:00p.m. to 7:30p.m.

**SATURDAY/FEB. 17th**  
9:30a.m. Akathist; Confession  
2:30p.m. Church School (Middle Class)  
5:30p.m. Vigil; Confession

**SUNDAY/FEB. 18th (Tone 3)**  
**Cheese-Fare Sunday**  
9:10a.m. 3<sup>rd</sup> and 6<sup>th</sup> Hours  
9:30a.m. Divine Liturgy; Coffee Hour  
6:30p.m. Vespers and Rite of Forgiveness –  
Entrance into the Great & Holy Fast

Today, Cheese-Fare Sunday is the last day we partake of dairy products until Pascha, Apr. 8<sup>th</sup>.



**The Sunday of the Last Judgment**

The Gospel reading today is from Matthew 25:31-46. The two past Sundays spoke to us of God's patience and limitless compassion, of His readiness to accept every sinner who returns to Him. On this third Sunday, we are powerfully reminded of a complementary truth: no one is so patient and so merciful as God, but even he does not forgive those who do not repent.

The God of love is also a God of righteousness, and when Christ comes again in glory, He will come as our Judge. "Behold the goodness and severity of God" (Romans 11:22). Such is the message of Great Lent to each of us: turn back while there is still time, repent before the End comes. In the words of the Great Canon:

The end draws near, my soul, the end draws near;  
Yet you do not care or make ready.  
The time grows short, rise up: the Judge is at the door.  
The days of our life pass swiftly, as a dream, as a flower.

This Sunday sets before us the "eschatological" dimension of Great Lent: the Great Fast is a preparation for the Second Coming of the Savior, for the eternal Pascha in the Age to come. Nor is the judgment merely in the future. Here and now, each day and each hour, in hardening our hearts towards others and in failing to respond to the opportunities we are given of helping them, we are already passing judgment on ourselves.



**THE HOLY HIERARCHICAL SYNOD  
OF THE SERBIAN ORTHODOX CHURCH**

February 3, 2007  
Belgrade

**PUBLIC COMMUNIQUE**

For over more than a thousand years Kosovo and Metohija have been inhabited by Serbs, and in its day, until the great migrations of the Serbian people, it was exclusively inhabited by Serbs. Everyone knows – if they want to – that it was the center of the medieval Serbian state and the cradle of Serbian culture, and that it is there, in the Patriarchate of Pec, to this day that the first and central see of the Serbian Orthodox Church stands. In the sense of statehood, Kosovo and Metohija are validly, under international law, an integral part of Serbia. The valid Treaty of Bucharest from August 10, 1913 attests to this as well as the dozens of resolutions of the General Assembly and Security Council of the United Nations, the Paris Agreement from 1995 and various other legal acts of the European Union, Russia, USA, Great Britain, Germany, France...

Everyone knows all of this, but a politician by the name of Marti Ahtisaari does not know this, or it will probably be that he does not want to know it. Without a single word of explanation, even deceitful, he suggests that, contrary to all the norms of international procedure, Kosovo be usurped from Serbia. Actually, he suggests that Serbia, an internationally recognized sovereign state, be legally assaulted. He does not recognize the power of law but the right of power. What unequalled breadth of democracy, not to mention justice!

Contrary to this, the Serbian Orthodox Church has always clearly and vociferously held that *justice keeps countries and cities* and that everything that is *taken away is cursed*. Would Mr. Altihaarsi adapt "his" ingenious plan of resolving a crisis on his own country? The Serbian Orthodox Church has no objection that he gives to whomever he desires that which is his but it cautions him that no one ever authorized him – nor could they have authorized him – to give anyone Kosovo and Metohija. In keeping with the legal process in effect in the world, the status of Kosovo and Metohija is set forth: The Province is an integral part of Serbia. This status can only be altered with the approval of Serbia and insofar as it's constitutional system were changed. Altihaarsi, assuredly, is neither authorized nor indebted for such a role.

The Holy Hierarchical Synod appeals to those responsible individuals who lead the international community in deterring Altihaarsi from his dangerous intentions of forcefully seizing, in someone's name, from Serbia, one of the oldest European countries, the most precious part of its territory. The peaceful future is not built on the right of the more powerful, on the dictate of might, but on validating principles so that each side has an equal honor and opportunities. Granted, *power does not pray to God* but that is why *God does not like power*. Thereby, God is eternal while all power is in time.

*Holy Hierarchical Synod  
of the Serbian Orthodox Church*

### ***Boiled Wheat is Sought***

For the following services:

St. Theodore Day, Feb. 23<sup>rd</sup>, 6:30p.m.

Memorial Saturday, Mar. 3<sup>rd</sup>, 9:30a.m.

Memorial Saturday, Mar. 10<sup>th</sup>, 9:30a.m.

Please let Fr. James know if you can prepare the wheat. Cups, spoons and napkins will be provided by the church.

### ***Entrance into the Season of the Great and Holy Fast of 40 Days***

Begins with the Vespers and Rite of Forgiveness On Sunday evening, Feb. 18<sup>th</sup> at 6:30p.m. This wonderful service we ought to participate in.

### ***Pirohi Dinner – Feb. 16<sup>th</sup>, Fri. 5-7:30p.m.***

This annual pre-lenten dinner will be held at our parish center. Advanced tickets (before Fe. 9<sup>th</sup>) are \$9 and at the door, \$10. To purchase tickets or for more information please call Susan Gorbatuk (908-722-7849).

### ***February OCA Mission Appeal***

You are asked to use the Mission Envelope to be found in your bi-monthly packet of envelopes. The offering will be distributed directly to a number of OCA mission parishes by the parish council. It is important that we are supportive of mission growth in our USA.

### ***Winter Weather Cancellations***

Will be posted on the parish website at least one hour before the scheduled service or event. You may also call the rectory.

### ***Things to Check out***

The Parish website Schedule of Services for the entire year of 2007 and the Parish Bulletin Board for information that does not make it into the Sunday Bulletins.



### ***The Parish Synodicon: Memory Eternal!***

John Barsigian (40<sup>th</sup> day – March 12<sup>th</sup>)

Feb. 11, 1993 Josephine Hriniaik

Feb. 12, 1972 John Wislosky

Feb. 12, 1988 Xenia Fedarka

Feb. 13, 1929 Gregory Stepaniuk

Feb. 13, 1948 Christina Kozar

Feb. 13, 1957 Clement Mc Closkey

Feb. 13, 1970 Alexander Pawlik

Feb. 15, 1929 Moses Korenchik

Feb. 15, 1998 Helen Russo

Feb. 15, 1999 Zollie Pituch

Feb. 16, 1928 Athanasius Barna

Feb. 16, 1954 Abraham Yashuk

Feb. 17, 2003 Anna Psechek

### ***Easter Candy Sale***

Is presently under way. Each household is receiving an order form. Extra order forms will be found on the vestibule stand. Pascha and Western Easter are the same date this year, April 8<sup>th</sup>. For more information please see Sandy Filippini.

### ***Sympathy***

Is expressed to Matushka Daria and her sons on the repose of her father and their grandfather, John Barsigian (Feb. 1<sup>st</sup>.) Memory Eternal!

### ***Offerings for the Week of Feb. 4<sup>th</sup>***

Olive Oil – for the health of Stacey (birthday); in memory of Emilia; in memory of Michael; for the health and in thanksgiving of Liliana and Laurentiu; in memory of Joan.

Wine -for the health and salvation of Gabriela, Hermann, Ira-Crista, David and David; for the health and salvation of Nicholas (namesday).

Flowers – in memory of Nicholas Chabra.

### ***Offerings for the Week of Feb. 11<sup>th</sup>***

Olive Oil – in memory of Emilia; in memory of Michael; in memory of Joan; for the health and in thanksgiving by Liliana and Laurentiu; in memory of Floarea, Gheorghe, Sasinca, Alexandru, Elena, Petre, Maria, Aurelia, Maria and Mihail; in memory of Nicholas Chabra.

Flowers – in memory of John Barsigian; in memory of Matushka Anna Karel.



## GENERAL RULES OF FASTING FOR THE GREAT & HOLY FAST



*Let us set out with joy upon the season of the Fast, and prepare Ourselves for spiritual combat. Let us purify our soul and cleanse Our flesh; and as we fast from food, let us abstain also from every passion.*

The Orthodox idea of fasting is first of all that of an ascetical effort. It is the effort to subdue the physical, the fleshly man to the spiritual one, the “natural” to the “supernatural.” Limitations in food are instrumental; they are not ends in themselves. Fasting thus is but a means of reaching a spiritual goal and, therefore, an integral part of a wide spiritual effort. Fasting, in the Orthodox understanding, includes more than abstinence from certain types of food. It implies prayer, silence, an internal disposition of mind, an attempt to be charitable, kind, and – in one word – spiritual. “Brethren, while fasting bodily, let us also fast spiritually...”

And because of this the Orthodox doctrine of fasting excludes the evaluation of fasting in terms of a “maximum” or “minimum.” Every one must find his or her maximum, weigh his or her conscience and find in it his or her “pattern of fasting.” But this pattern must necessarily include the spiritual as well as the “bodily” elements. Thy Typicon and the canons of the Church give the description of an ideal fast: no meat, no dairy products, total abstinence on certain days. “He that is able to receive it, let him receive it” (Matthew 19:12). But whatever is our measure – our fasting must be a total effort of our total being.

Keeping this in mind we should fast in order to achieve the goal of prayer, repentance, and forgiveness. To fast means abstaining not only from certain foods, but most importantly from passions, bad habits, overindulgence, rudeness and selfishness. It means also that we should abstain from everything that might take the focus of our life away from the spiritual effort. Among these things are every kind of entertainment, such as going to the movies, watching TV or going on spring vacations. For married couples it will also imply abstaining from intimacy.

The fundamental meaning of the fasting effort is to discover the true values of our life, to discover that we live not for our own sake but in the context of our relationship with each other and with the living God. So we fast not in terms of our individual piety but by linking our life with that of the Church. In essence, fasting is an exercise in being faithful: to each other in observing the same rules and sharing in the same hardship, and to our Lord Himself Who has given us fasting as a school of love.

- Protopresbyter Alexander Schmemmann

***Meat – is not permitted on any day.***

***Dairy – is not permitted on any day.***

***Wine & Oil – are permitted on all Saturdays and Sundays and a few other days  
(consult your parish wall calendar).***

***Fish – is permitted only on the Feast of the Annunciation (March 25<sup>th</sup>) and on  
Palm Sunday (April 1<sup>st</sup>)***

Particular concerns about fasting and health may be discussed with your spiritual father.



Diocese of Washington and New York  
New Jersey Deanery Lenten Service Schedule

# A TIME OF REPENTANCE

February 25, 2007 - April 11, 2007

Sunday of Orthodoxy  
Vespers start at 4 p.m.

---

**February 25**

Christ the Saviour Church  
365 Paramus Road  
Paramus, NJ 07652  
Archpriest Daniel Kovalak  
*Homilist*



*Father Daniel is the Rector of  
Elevation of the Holy Cross,  
Williamsport, Pennsylvania  
He is the Missions Director for the  
Diocese of Eastern, Pennsylvania*

New Jersey Deanery  
**MISSION VESPERS**  
Vespers start at 4 p.m.

---

**March 4**

*Sunday of Saint Gregory Palamas*  
**St. John the Baptist Church**  
179 Lexington Ave.  
Passaic, NJ 07055

**March 11**

*Sunday of the Holy Cross:*  
**Holy Resurrection Church**  
285 French Hill Road  
Wayne, NJ

**March 18**

*Sunday of St. John of the Ladder*  
**Holy Assumption Church**  
29 Huron Avenue  
Clifton, NJ

**March 25**

*Sunday of St. Mary of Egypt*  
**Annunciation Church**  
360 Van Zile Road  
Brick, NJ

New Jersey Deanery  
**Bright Wednesday**  
Vespers - 7:00 p.m.

---

**April 11**

*Bright Wednesday Vespers*  
**Christ the Saviour Church**  
365 Paramus Road  
Paramus, NJ 07652,

**April 1**

**Palm Sunday Vespers**  
4:00 p.m.  
**FOCA wil host social**

---

**Ss. Peter & Paul Church**  
76 Whitehead Avenue  
South River, New Jersey  
Deacon Stephen Vernak,  
*Homilist*

**FOR MORE INFORMATION**

Contact your local Orthodox church or  
write, call or E-mail:  
Archpriest Samuel Kedala  
New Jersey Deanery (OCA)  
102 Route 284  
Wantage, NJ 07461  
(973) 702-8341  
fr.samuel@holyspiritorthodox.org

### A PRAYER FOR MARRIED PEOPLE



O Lord Jesus Christ our God, Who has taught us to pray without ceasing for each other, so that thereby we might be made worthy of Thy mercy: look down with compassion on our married life and keep us from all perilous falls and from enemies both visible and invisible. Grant that we may pass the remainder of our days in oneness of mind and purity of heart. Grant us health, strength, and Thy divine wisdom, so that we may be able to fulfill our duties all the days of our lives according to Thy holy will and commandments. Protect and keep us from harm and enable us by Thy grace to bear and conquer those temptations that come upon us. Strengthen us in true faith, unflinching hope, and perfect love, so that together we may order our entire life according to Thy divine ordinances and commandments and thereby be found pleasing in Thy sight.

O Greatly Merciful Lord, hear us who humbly pray to Thee, and send Thy divine blessing on our married life and on all our good deeds, for Thine it is to hear and have mercy on us, O our God, and unto Thee do we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

### A PRAYER FOR ONE'S ENEMIES



O Lord Jesus Christ, Who didst command us to love our enemies, praying for and forgiving those who persecute or wrong us; Who Thyself didst give us the perfect example by praying for those who crucified Thee: grant us, we ask Thee, the spirit of Christian reconciliation and meekness, that we may completely forgive every injury and be reconciled with our enemies. Grant us to overcome all wickedness and offences through Christian love and the ever abiding awareness that we are all sinners. We further beseech Thee, O Lord, to grant to our enemies the same peace and forgiveness of sins which we ask for ourselves; and do not allow them or us to leave this life without heartfelt reconciliation. And help us all by Thy grace to repay evil with goodness, so that thereby we might all be found worthy of Thy heavenly kingdom. Amen.

### A PRAYER OF PARENTS FOR THEIR CHILDREN

O Lord, God of heaven and earth, Who in Thy wisdom has created man from the dust of the earth, breathing into his face the breath of life and blessing him saying: "Increase and multiply, fill the earth and rule over it;" and Who in Cana of Galilee through Thine Only Son, Jesus Christ, didst bless the union of marriage and thereby the bearing of sons and daughters – with deep humility we pray to Thee: help us by Thy grace to fulfill our duties as parents according to Thy holy will so that our children may grow to full maturity of soul and body according to the full stature of Thy Christ.



O Greatly Merciful Lord, Who gives food to the birds of the sky and to all living things on the earth, Who watches over the flower that sprouts amidst the rocky cliffs; nourish, bring up, and protect our children also. Help us, O Lord, to plant in their souls what is good and useful for the Holy Church and our nation, and Thyself inspire our children with what is well pleasing to Thee, that Thy holy name may be exalted through them. Fill them, O Lord, with the enlightened wisdom and holy understanding which come down from Thee. Protect them from all the snares of enemies both visible and invisible. Command Thine angels to be their guides and counselors in all good works.

We pray Thee, O Lord, God of mercies, have mercy on us and on our home, and in Thy great goodness, pour out Thine abundant grace over all our children that together with us they may forever worship and glorify Thee, the only True God: the Father, and the Son, and the Holy Spirit. Amen.

### A PRAYER OF CHILDREN FOR THEIR PARENTS

O Holy Lord, King of heaven and earth, look down from heaven with mercy and compassion upon our home. Grant health and everything good to my father and mother, so that they may take care of us and everyone in our household. And help us all to do what is good and pleasing to Thee. Amen.

